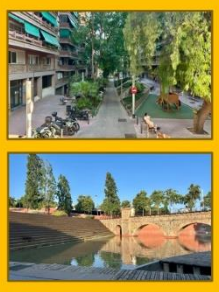
FINAL BULLETIN

Barcelona / 31st October - 1st November 2026

TIC BCN 2026

XIX TROFEU INTERNACIONAL CIUTAT DE BARCELONA

Saturday 31st October	
13:00	Sprint STAGE 1
15:00	Sprint STAGE 2

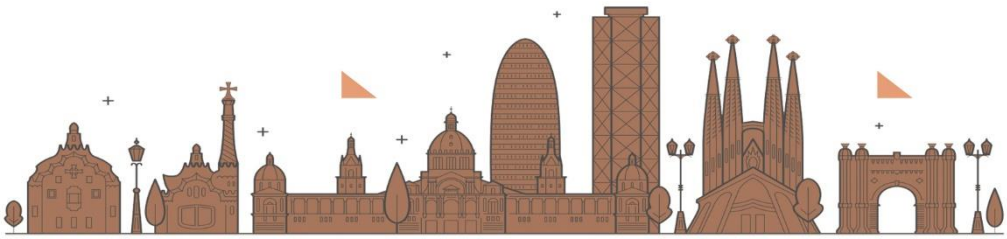



Parc Central / Guineueta

Sunday 1st November	
8:30	Sprint STAGE 3
10:00	Sprint STAGE 4




Glòries / Clot



Barcelona

Unió de Federacions Esportives de Catalunya

CLUB ORIENTACIÓ CATALUNYA COC

TIC BCN 2026

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FCOC FEDERACIÓ DE CURSES D'ORIENTACIÓ DE CATALUNYA

WOC '28 GIRONA | SPAIN WORLD ORIENTEERING CHAMPIONSHIPS

Generalitat de Catalunya

esportcat

ticbcn2026.clubcoc.cat

WELCOME

Dear orienteers from all over the world,

From the Club Orientació Catalunya (COC), and the City Council of Barcelona, we welcome you to the 19th edition of the **Trofeu Internacional Ciutat de Barcelona**, or TIC BCN 2026.

We are preparing circuits which we hope will be exciting and fun for all participants. This is our wish and the driving force that pushes us to make the TIC BCN once again a sporting and recreational event. Our aim is that you, all the participants, end up with a smile on your face; this will mean that the job was well done.

On behalf of the whole COC, Welcome! And let the orienteering venue start!

LIVE ORIENTEERING !!! LIVE BARCELONA !!!

CLUB ORIENTACIÓ CATALUNYA
COC

PRESENTATION

The TIC BCN began as a team competition in which top-level international teams were invited to take part, serving as a training ground and an opportunity for the Catalan senior and junior teams to improve their technique.

Now every year we organize an individual competition where Catalan and international orienteers compete for the trophy on the most iconic streets and places around Barcelona, with challenging courses for all classes.

It'll be a great opportunity to do some sightseeing in our city during the previous days and to train for the next sprint competitions on different maps in the city of Barcelona.

This year marks the 19th edition of the TROFEU INTERNACIONAL CIUTAT DE BARCELONA, and we are preparing an event open to everybody with four programmed races:

- Saturday 31st October (afternoon) : **SPRINT STAGES 1 and 2**
- Sunday 1st November (morning) : **SPRINT STAGES 3 and 4**

On Sunday there will be prizes in all OFFICIAL classes for the Top-3 in the sum of points of the four stages.

Barcelona / 31st October - 1st November 2026

TIC BCN 2026

XIX TROFEU INTERNACIONAL CIUTAT DE BARCELONA

PROVISIONAL PROGRAMME

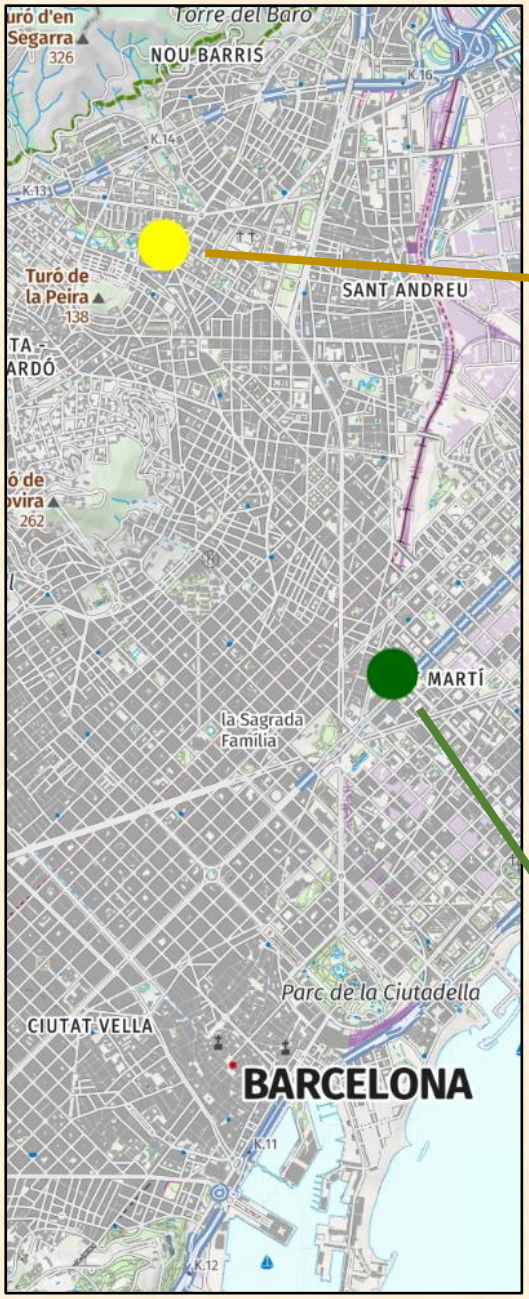
SATURDAY 31st OF OCTOBER

	Time	Activity
EVENT CENTER *Plaça Major de Nou Barris*	**11:30**	Event Center Opening
	13:00 - 14:00	**SPRINT STAGE 1**
	15:00 - 16:00	**SPRINT STAGE 2**
	17:30	Event Center Closure

SUNDAY 1st OF NOVEMBER

	Time	Activity
EVENT CENTER *Parc del Clot*	**7:30**	Event Center Opening
	8:30 - 9:30	**SPRINT STAGE 3**
	10:00 - 11:00	**SPRINT STAGE 4**
	12:30	Prize Giving TIC BCN 2026
	13:00	Event Center Closure

EVENT CENTERS



Saturday 31st October *Nou Barris* STAGES 1 and 2	
Event Center	Plaça Major de Nou Barris Location 31/10
M L4	Llucmajor
M L5	Virrei Amat

Sunday 1st November *Sant Martí* STAGES 3 and 4	
Event Center	Parc del Clot Location 1/11
M L1	Glòries
M L1	Clot

REGISTERING AND FEES

Final registration and payment through TICBCN website in our payment gateway :

REGISTRATIONS (before 25th October)

OFFICIAL CLASSES	TIC BCN 2026 * Saturday 31st (2 sprints) Sunday 1st (2 sprints)	Only 1 Day * Saturday or Sunday (2 sprints)	SI-Card Rental
Elite M/W, MW21A, MW35, MW40, MW45, MW50, MW55, MW60, MW65, MW70, MW80	38 €	19 €	+ 5 € / day
MW20, MW18, MW16, MW14, MW12, MW10	19 €	9,5 €	+ 5 € / day
NON-OFFICIAL CLASSES	**TIC BCN 2026 * Saturday 31st (2 sprints) Sunday 1st (2 sprints)**	**Only 1 Day * Saturday or Sunday (2 sprints)**	**SI-Card Rental**
Long Difficult Open, Short Difficult Open	21 or older : 28 €	14 €	Free
Long Easy Open, Short Easy Open	20 or younger : 19 €	9,5 €	Free

*** All competitors will be covered by a temporary licence (compulsory insurance included in the price)**

SI Card Rental : A deposit of 50€ must be handed in or an identity card, which will be returned once the SportIdent is given back. In the event of loss 50€ will be paid.

In case of any question or technical problem you can send us a message at :

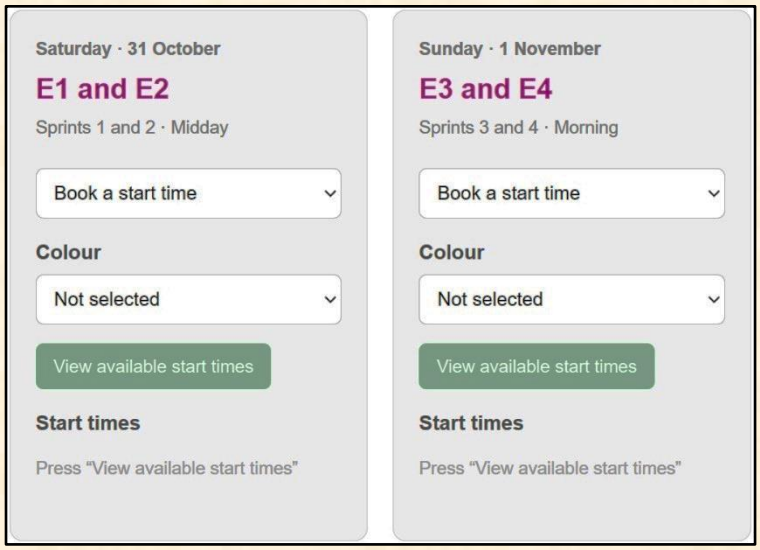
club@clubcoc.cat

CONFIRMATION and START TIMES

Once you have completed your registration and made the payment, you will receive an email containing your confirmation and the participants' details.

Participants in OFFICIAL CATEGORIES (**except MW Elite and MW20**, for which start times are allocated by draw) will receive a further email with links to a website where they must select their preferred start time.

***** NON-OFFICIAL CLASSES have a **free start time** within the schedule set by the organization for each stage.



COURSE	Men CLASSES (H) Women CLASSES (D)			
BLACK	H21E	H20		
DARK GREY	H35	H40	D21E	D20
LIGHT GREY	H18	H45	H21A	D35
RED	H16	H50	D18	D40
BROWN	H55	D45	D16	D21A
BLUE	H60	D50		
ORANGE	H65	D55	D60	
PURPLE	H70	D65	D70	
DARK GREEN	H14			
GREEN	H12	D14		
YELLOW	D12			
WHITE	H10	H80	D10	D80

On both forms (E1-E2 and E3-E4), you must select your course (by default shows your category colour) and click the green **"View available start times"** button. Available options will appear for Stages 1/2 and 3/4, and you can select the ones that suit you best before **"Confirm reservation"**.

As you will see, everyone will have the same rest time between starts of the two sprints each day:

- Saturday 31st: **Stage 2 start will be 120 minutes after Stage 1 start**
- Sunday 1st: **Stage 4 start will be 90 minutes after Stage 3 start**

BIB NUMBERS

All participants can get the bib numbers in the competition center (will be the same for both days).

Wearing the bib number is mandatory.

Note! Please bring your own safety pins to attach the bib number.

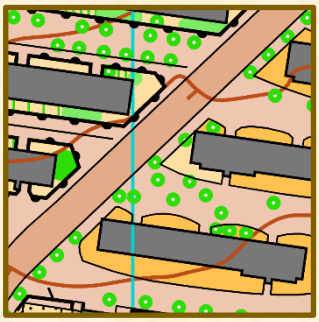
In addition to the number, the participant's name, competition class and start times are printed on the bib.

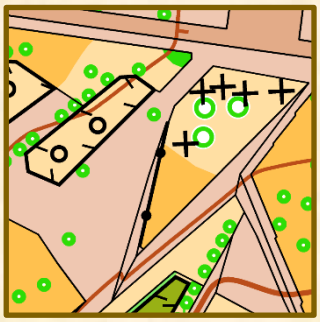
ELITE MEN's blue bib numbers: 1 to 9

ELITE WOMEN's red bib numbers: 11 to 19



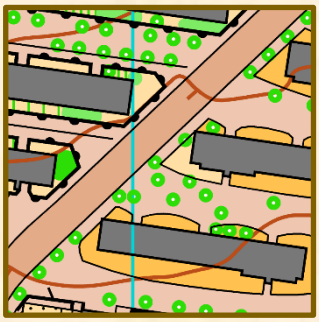
SATURDAY 31st - STAGES 1 and 2

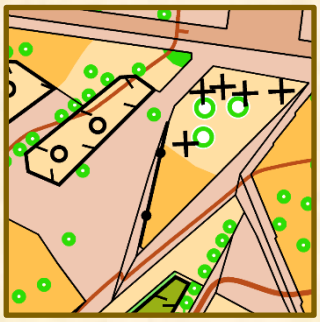




Place	Nou Barris
Start Times	13:00 - 14:00 **(Sprint 1)** **CLOSES 14:15** 15:00 - 16:00 **(Sprint 2)** **CLOSES 16:15**
Competition Center (CC)	**Plaça Major de Nou Barris** **LOCATION**
Distances from Competition Center	**300 m** from Metro to CC
	580 m from CC to Start 1 **500 m** from Finish 1 to CC
	140 m from CC to Start 2 **0 m** from Finish 2 to CC
Stage 1	**Barri de la Guineueta** Urban Race with Gardens ***Scale 1:4000 or 1:3000 / Contour 2,5 m / Size A4*** Course Planner : **Joel Suñé**
Stage 2	**Parc Central de Nou Barris** Urban Park with Residencial Area ***Scale 1:4000 or 1:3000 / Contour 2,5 m / Size A4*** Course Planner : **Quim Solé**

SATURDAY 31st - STAGES 1 and 2

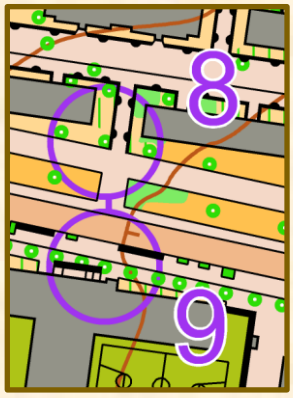




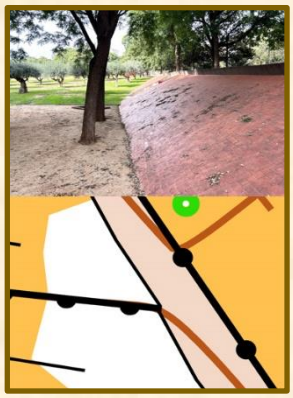
Course	Optimal Distance, Slope and Scale					
	Stage 1			Stage 2		
Winner time	*16 min*			*16 min*		
BLACK	3,7 km	+ 70m	1:4000	4,1 km	+ 80m	1:4000
DARK GREY	3,3 km	+ 65m	1:4000	3,6 km	+ 80m	1:4000
LIGHT GREY	3,2 km	+ 60m	1:4000	3,4 km	+ 75m	1:4000
RED	3,0 km	+ 55m	1:4000	3,0 km	+ 70m	1:4000
BROWN	2,8 km	+ 50m	1:4000	2,7 km	+ 55m	1:4000
BLUE	2,1 km	+ 45m	1:3000	2,2 km	+ 45m	1:3000
ORANGE	1,8 km	+ 40m	1:3000	2,0 km	+ 40m	1:3000
PURPLE	1,5 km	+ 35m	1:3000	1,5 km	+ 35m	1:3000
DARK GREEN	2,6 km	+ 50m	1:3000	2,4 km	+ 45m	1:3000
GREEN	1,7 km	+ 40m	1:3000	1,7 km	+ 35m	1:3000
YELLOW	1,3 km	+ 25m	1:3000	1,3 km	+ 30m	1:3000
WHITE	1,2 km	+ 15m	1:3000	1,1 km	+ 25m	1:3000
Long Difficult	3,0 km	+ 55m	1:4000	3,0 km	+ 70m	1:4000
Short Difficult	1,8 km	+ 40m	1:3000	2,0 km	+ 40m	1:3000
Long Easy	2,6 km	+ 50m	1:3000	2,4 km	+ 45m	1:3000
Short Easy	1,2 km	+ 15m	1:3000	1,1 km	+ 25m	1:3000

SATURDAY 31st - STAGES 1 and 2

IMPORTANT INFORMATIONS



All courses in **Sprint 1** will include a mandatory pedestrian crossing between controls, so that participants can cross the road at the most suitable point.



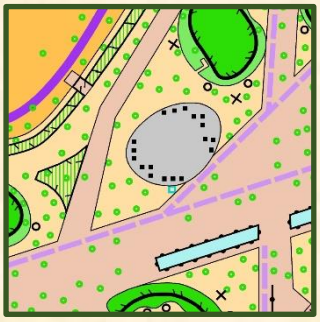
The **Sprint 2** area is full of ceramic slopes which can be very slippery (especially when wet). Please take great care if you decide to walk up or down these surfaces.



Where sections are dangerous due to their height, they will be marked in red on the map; it is **strictly forbidden** to climb up or down these sections, and anyone who does so will be **DISQUALIFIED**.

SUNDAY 1st - STAGES 3 and 4





Place	Sant Martí
Start Times	8:30 - 9:30 **(Sprint 1)** **CLOSES 9:45** 10:00 - 11:00 **(Sprint 2)** **CLOSES 11:15**
Competition Center (CC)	**Parc del Clot** **LOCATION**
Distances from Competition Center	**700 m** from Metro to CC
	500 m from CC to Start 3 **80 m** from Finish 3 to CC
	850 m from CC to Start 4 **850 m** from Finish 4 to CC
Stage 3	**Barri del Clot** Urban Race and Park ***Scale 1:4000 / Contour 2,5 m / Size A4*** Course Planner : **Anna Amigó**
Stage 4	**Plaça de les Glòries** Urban Park with Green Areas ***Scale 1:3000 or 1:2500 / Contour 2,5 m / Size A4*** Course Planner : **David Veleda**

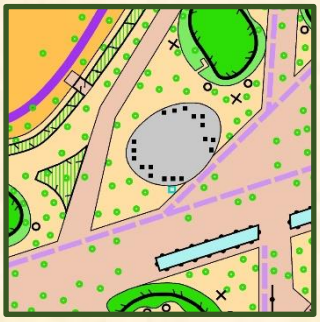
Barcelona / 31st October - 1st November 2026

TIC BCN 2026

XIX TROFEU INTERNACIONAL CIUTAT DE BARCELONA

SUNDAY 1st - STAGES 3 and 4

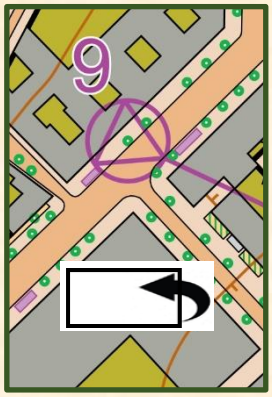




Course	Optimal Distance, Slope and Scale (Map Flip)					
	Stage 3			Stage 4		
Winner time	*12 min*			*12 min*		
BLACK	2,9 km	+ 20m	1:4000	2,7 km	+ 0m	1:3000
DARK GREY	2,7 km	+ 20m	1:4000	2,3 km	+ 0m	1:3000
LIGHT GREY	2,4 km	+ 15m	1:4000	2,0 km	+ 0m	1:3000
RED	2,2 km	+ 10m	1:4000	1,9 km	+ 0m	1:3000
BROWN	2,1 km	+ 15m	1:4000	1,8 km	+ 0m	1:3000
BLUE	2,0 km	+ 10m	1:4000	1,6 km	+ 0m	1:2500
ORANGE	2,0 km	+ 10m	1:4000	1,2 km	+ 0m	1:2500
PURPLE	1,9 km	+ 15m	1:4000	1,1 km	+ 0m	1:2500
DARK GREEN	2,1 km	+ 10m	1:4000	1,6 km	+ 0m	1:2500
GREEN	1,6 km	+ 10m	1:4000	1,3 km	+ 0m	1:2500
YELLOW	1,3 km	+ 10m	1:4000	1,1 km	+ 0m	1:2500
WHITE	1,0 km	+ 5m	1:4000	0,9 km	+ 0m	1:2500
Long Difficult	2,2 km	+ 10m	1:4000	1,9 km	+ 0m	1:3000
Short Difficult	2,0 km	+ 10m	1:4000	1,2 km	+ 0m	1:2500
Long Easy	2,1 km	+ 10m	1:4000	1,6 km	+ 0m	1:2500
Short Easy	1,0 km	+ 5m	1:4000	0,9 km	+ 0m	1:2500

SUNDAY 1st - STAGES 3 and 4

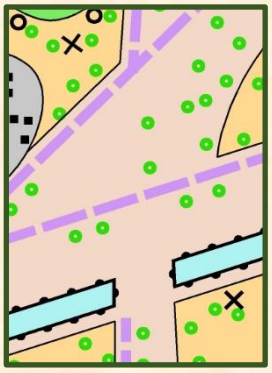
INFORMACIONES IMPORTANTES



Some of the longer courses in **sprints 3 and 4** have a **map flip**, so when you reach the final control point in the first section, you must turn the sheet over to continue the race on the second map.



Sunday's **sprints 3 and 4** include some sections where **roadworks** are currently underway; these may have been relocated in recent days without prior notice, and are situated near the locations of some controls.



In **Sprint 4** the various **cycle lanes** crossing the map have been marked out. Take great care when you're near them and look carefully in all directions before running across.

TECHNICAL JURY

Saturday 31st October : **Guinedell Faja** (Aligots), **Toni Serrallonga** (GOXtreme) **y Sandra Rabassa** (XinoXano)

Sunday 1st November : **Emili Sellés** (Alcoi), **Pau Comerma** (Oros) **i Berta Meseguer** (UE Vic)

TIME-KEEPING

All categories, including those for beginners, will be controlled through the SportIDENT system. To do so, runners will need an electronic card or chip, which will be hired to all participants who need them.

SPORTident AIR+ will be activated in all races

ARRIVAL

On arrival, the finish line SportIDENT base must be punched.

Competitors should then address to the finish tent to download the SportIDENT chip to the computer that records the results. If the chip is hired, it has to be returned. In the event of loss 50€ will have to be paid.

IMPORTANT: please, proceed to the arrival tent and download your chip even if you did not finish the race! This will let us to know that no participant has been lost or damaged.

ASPECTS TO KEEP IN MIND

- **Car Traffic**: **Traffic will not be cut off**. Although traffic is limited in those areas, it is very important to watch every time you cross any street. Pedestrian crossings regulated by traffic lights must be respected too.

- **Attention to pedestrians**: Due to the busy traffic of the city, you have to be very careful with the cars and people. Always respect pedestrians as well as roadway rules.

- **First aid**: First aid service will be ready next to the competition. In case of evacuation, the injured runner will be transferred to the nearest Hospital of the area.

- **Traffic-Works**: We are running within an urban area and it is possible that works that do not exist at the time of printing the map, may appear at the time of the race. Similarly, the Parks and Gardens city service could change the green zone of the races if, unexpectedly, they started working on an area.

- **Locker-Space**: COC staff will improvise a place where bags and objects could be placed, but they will not be held responsible for any objects left there.

- **Refreshment:** apart from public fountains existing along the circuit, a refreshment facility will be provided at the end of each race in the competition centers.

ORGANIZING COMMITTEE

CLUB ORIENTACIÓ CATALUNYA
COC

Event Director	David Veleda
President	Albert Daví
SportIdent	Jaume Miralles
Mapper	David Veleda
Entries	Begoña Almor
Event Center	Albert Daví
Webmaster	Jordi Deu
SATURDAY 31st OF OCTOBER - Stages 1 and 2	
Course Setter	Joel Suñé *(Sprint 1)*
	Quim Solé *(Sprint 2)*
Starts	Daniel Vives
SUNDAY 1st OF NOVEMBER - Stages 3 and 4	
Course Setter	Anna Amigó *(Sprint 3)*
	David Veleda *(Sprint 4)*
Starts	Mar Serra

COOPERATION

Barcelona

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Generalitat de Catalunya

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FEDERACIÓ DE CURSES D'ORIENTACIÓ DE CATALUNYA

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